

## <u>INSULIN</u>

## WHO SHOULD GET THIS TEST?

This test is useful for anyone who is interested in checking their fasting insulin level.

## WHY IS THIS TEST IMPORTANT?

Insulin levels can be used to detect and monitor a variety of conditions, including:

- Insulin Resistance- Insulin testing can be used to see if your body is using insulin properly.
- Diabetes- Insulin testing may be used to keep track of how much insulin your body is making.
- Hypoglycemia- An insulin test can help figure out why your blood sugar levels are too low.
- Insulinoma- This is a rare pancreatic tumor that produces very high levels of insulin.
- PCOS (Polycystic Ovary Syndrome)- Insulin resistance is often seen in people with PCOS.

## OTHER RELEVANT TESTS

If you're interested in this panel, you may also want to consider:

- Diabetes Maintenance Panel
- Heart Health Panel
- Hemoglobin A1C

Website test descriptions and all associated information are provided through Any Lab Test Now and the Product Management Team, in conjunction with the Medical Professionals Committee, and Ekan Essien, MD, Corporate Medical Director.