

Vita Complex Injection

TEST DESCRIPTION:

The Vita Complex injection includes Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, and Vitamin B6.

Vitamin B1 (also known as thiamine) is a nutrient that helps your body turn food into energy. It also plays an important role in muscle function, heart health, and the nervous system. A vitamin B1 deficiency may lead to significant health issues, such as beriberi and Wernicke-Korsakoff syndrome.

Vitamin B2 (also known as riboflavin) supports metabolism, nerve function, healthy skin, and eye health. Vitamin B2 deficiency may lead to issues such as sore throat, skin disorders, and anemia.

Vitamin B3 (also known as niacin) can help convert food into energy. It may also help in reducing inflammation. Many foods contain vitamin B3, including (but not limited to) tuna, salmon, avocado, peanuts, and brown rice. Low levels of vitamin B3 may lead to symptoms such as fatigue, headache, diarrhea, dermatitis, and more.

Vitamin B5 (also known as pantothenic acid) is another essential B vitamin. It helps convert food into energy and break down fats. It also plays a role in the production of hormones and cholesterol. Foods that contain vitamin B5 include mushrooms, avocados, beef, eggs, some fortified cereals, and more.

Vitamin B6 (also known as pyridoxine) is an important B-vitamin. It can be found in foods such as tuna, poultry, salmon, chickpeas, some fortified cereals, and more. Low vitamin B6 levels may lead to a variety of symptoms, including (but not limited to): depression, fatigue, confusion, and decreased immune function.

ANY LAB TEST NOW® provides Vita Complex supplementation at wellness levels through a quick and easy injection. Benefits may include:

- May boost your energy by breaking down carbohydrates, sugars, and fats; and by converting foods to energy
- Can be a healthy part of self-care, potentially nurturing healthy hair, nails and skin
- May promote better sleep, which leads to more energy
- May help to boost your mood

We always recommend consulting with your trusted healthcare provider before receiving an injection.

TEST DETAILS:

This injection includes Vita Complex. The components include:

- Vitamin B1 (Thiamine)
- Vitamin B2 (Riboflavin)
- Vitamin B3 (Niacinamide)
- Vitamin B5 (D-Pantothenol)
- Vitamin B6 (Pyroxidine)

1. Am I required to fast?

No, you are not required to fast prior to receiving the injection.

2. Do I need to take a blood test first?

No, you are not required to take a blood test before receiving the injection.

3. How frequently can I receive this injection?

Vita Complex injections can be given no more than 1 time every 4 weeks.

4. Can I do these injections at home?

No. All shots must be administered at an Any Lab Test Now store location. Clients are not permitted to take shots home with them.

5. Can I bring my own injections for Any Lab Test Now to administer?

No; all injections administered at Any Lab Test Now must be purchased through an Any Lab Test Now store.

6. How long until I can feel the effects of the injection?

This may vary, depending on different factors. We always recommend consulting with your trusted healthcare provider before receiving an injection.

7. Are there any risks associated with this injection?

As with any injection, it is possible to experience side effects. We recommend that you carefully review the provided Consent Form prior to receiving the injection. We also recommend consulting with your trusted healthcare provider before receiving any injections.

8. Is there any post-injection care I should do?

You may experience minimal tenderness, swelling, and/or bruising around the injection site. You must seek immediate medical attention if you develop any signs or symptoms of skin infection, or other significant side effects.

Website test descriptions and all associated information are provided through the Any Lab Test Now Product Management Team, in conjunction with the Medical Professionals Committee and Dr. Ekan Essian, MD, Corporate Medical Director.