

# BASIC HEALTHCARE PROFESSIONAL DRUG TEST (URINE)

---

## **DESCRIPTION**

The **Basic Healthcare Professional Drug Test (Urine)** is specially designed with a drug-free healthcare workplace in mind. Healthcare workers often have better access to a wider variety of prescription medications that are not included in standard drug-free workplace programs. The panel targets those additional medications, making it an ideal choice for healthcare employers and allied health schools.

The Basic Healthcare Professional Drug Test Panel (Urine) will identify the presence or absence of fourteen (14) different classes of commonly used or misused drugs or their metabolites.

This test requires a standard urine sample that can be collected at the Any Lab Test Now store location of your choice. All urine samples are collected and sent to the laboratory using strict chain of custody procedures that protect the identity and integrity of the specimen.

As a laboratory-based test, this panel includes a routine screen for each listed drug class. Positive screen results are automatically sent for additional confirmation testing by GC/MS or LC-MS/MS. Confirmation tests will identify the specific substance(s) present in the sample and their amount(s). Screening and confirmation tests are always conducted separately in order to prevent contamination and ensure accurate results.

On average, most drugs are detectable in urine for approximately three days after the most recent use or exposure<sup>1</sup>. A confirmed positive result is considered evidence of use or exposure in that time period.

This test is intended to identify recent use of the following:

- Amphetamine/Methamphetamine
- Barbiturates
- Benzodiazepines
- Cocaine
- Marijuana
- Methadone
- Methaqualone
- Opiates
- Oxycodone
- Phencyclidine
- Propoxyphene
- Ethyl Alcohol
- Meperidine
- Tramadol

---

<sup>1</sup> In heavy users, marijuana may remain detectable in urine for several weeks after last use.

## **WHY DO I NEED THIS TEST?**

### **For Consumers:**

The **Basic Healthcare Professional Drug Test Panel (Urine)** is recommended for consumers seeking a drug test for healthcare employment purposes.

### **For Employers and Staffing Agencies:**

The **Basic Healthcare Professional Drug Test Panel (Urine)** is recommended for healthcare employers and allied health schools looking for a drug test panel that is more tailored to a healthcare setting. Review of all positive test results by a Medical Review Officer (MRO) is highly recommended. MRO services may incur an additional cost. Consult your local Any Lab Test Now store for pricing.

## **WHAT DO I NEED TO DO TO PREPARE?**

Drink 8-12 oz. of fluid 30 minutes prior to the test.

## **IS IT SAFE TO TAKE THIS TEST IF I AM PREGNANT?**

Yes.

## **WILL CERTAIN FOODS/DRINKS MAKE THE TEST APPEAR POSITIVE?**

No.

## **DO I NEED TO MAKE AN APPOINTMENT?**

No. You can walk in for same-day testing. We make it easy by offering work-friendly store hours.

## **HOW LONG WILL IT TAKE TO GET MY RESULTS?**

Negative drug test results are available within 24-48 hours. Allow additional time for confirmation testing to be completed if necessary.

## **WHO HAS ACCESS TO MY RESULTS?**

Drug test results always belong strictly to the donor, except in the case of a minor child or an employer or court-ordered drug test. The donor may also provide written authorization for test results to be provided to one or more third parties, if necessary.

## **IS A DOCTOR'S ORDER REQUIRED?**

No. Drug testing does not require a doctor's order to be performed.

## **WHO CAN I CONTACT IF I HAVE QUESTIONS ABOUT MY RESULTS?**

Drug testing results should be discussed with your primary care physician.

*Website test descriptions and all associated information are provided through the Any Lab Test Now Product Management Team, in conjunction with the Medical Professionals Committee and Dr. Ekan Essian, MD, Corporate Medical Director.*