

CORTISOL (AM & PM)

WHO SHOULD GET THIS TEST?

This test is useful for anyone who wants to know their morning and afternoon cortisol levels.

WHY IS THIS TEST IMPORTANT?

Testing cortisol levels both in the morning and in the afternoon allows for a more comprehensive picture of your body's natural circadian rhythm and how it responds to stressors. Abnormal patterns, such as elevated cortisol levels at specific times, may indicate issues with the adrenal glands or an imbalance in the body's stress regulation. It is important to consider these patterns when evaluating and managing conditions related to cortisol dysregulation, such as adrenal insufficiency or chronic stress.

OTHER RELEVANT TESTS

If you're interested in this panel, you may also want to consider:

- Sleep Balance Kit
- Weight Management Hormone Test Panel
- Saliva Adrenal Testing Kit

Website test descriptions and all associated information are provided through Any Lab Test Now and the Product Management Team, in conjunction with the Medical Professionals Committee, and Ekan Essien, MD, Corporate Medical Director.