# **Any Lab Test Now**

# **VITAMIN D TEST**

## **DESCRIPTION**

Vitamin D is a fat soluble vitamin that interacts with and regulates more than 200 genes in the body. Your body absorbs Vitamin D from exposure to sunlight or ultraviolet light on exposed skin, and from plants, fortified foods and supplements.

#### WHY DO I NEED THIS TEST?

Low levels of Vitamin D are associated with a significant increased risk for coronary artery disease, peripheral arterial disease, stroke, diabetes mellitus, and many causes of mortality.

## HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?

Test results generally take between 24 to 72 business hours after your specimen is collected.

## AM I REQUIRED TO FAST FOR THIS LAB TEST?

Yes. Please do not eat 10 to 12 hours before testing.

## **OTHER RELEVANT LAB TESTS**

Customers who purchase the Vitamin D Test typically purchase a Annual Check-Up Panel, Comprehensive Male Panel, Cardiac Risk Panel or the Male or Female Complete Health Profile.

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenera-tive medicine from the American Academy of Anti-Aging Medicine.

FOR MORE INFORMATION OR TO SCHEDULE YOUR TEST TODAY CALL 1.800.384.4567 ANYLABTESTNOW.COM